

Kanata Cup 2017 - draft schedule

Saturday March 11

10:00		Training Gym opens for Athletes
10:45	11:00	Timed Warmups on Competition Carpet
11:00	13:15	Special Olympics Competition (P1,P2,P3 & P4)
13:15	13:40	Awards Ceremony Special Olympics
13:40	13:45	Timed Warmups of Interclub Individual L1 & L2
13:45	14:05	Competition for Interclub L1 & L2
14:05	14:10	Timed Warmups of Interclub Individual L3
14:10	14:35	Competition for Interclub L3
14:35	14:45	Timed Warmups of Interclub Individual L4
14:45	15:15	Competition for Interclub L4
15:15	15:25	Timed Warmups of Interclub Individual L5 ball
15:25	15:45	Competition for Interclub L5 ball
15:45	15:55	Timed Warmups of Interclub Individual L5 ribbon, L5 star & L6
15:55	16:25	Competition for Interclub L5 ribbon, 5 Star & L6
16:25	16:40	Timed Warmup for all Interclub RG Groups
16:40	17:00	Competition for Interclub RG Groups
17:00	17:12	Timed Warmup for Interclub AGG
17:12	17:35	Competition for Interclub & Provincial AGG
17:35	18:10	Awards for all Interclub Individuals, Groups and all AGG
18:10	18:25	Timed warmups for Provincial L3 group, 1B , 2B & 2C
18:25	18:30	Competition for Provincial L3 Group
18:30	19:05	Competition for Provincial 1B, 2B & 2C
19:05	19:15	Timed warmups for Provincial 2A
19:15	20:00	Competition for Provincial 2A
20:00	20:15	Awards Provincial 1B, 2A, 2B, 2C & L3 group

Sunday March 12

8:10	8:50	Training Gym Opens for Athletes
8:50	9:00	Timed warmups for Provincial 4A,4B,5A & 5B
9:00	10:35	Competition for Provincial 4A,4B,5A & 5B
10:35	10:45	Timed warmups for Provincial 3A & 3B
10:45	11:50	Competition for Provincial 3A & 3B
11:50	12:10	Timed warmups for L5 & L6 Provincial Groups
12:10	12:25	Competition for L5 & L6 Provincial Groups
12:25	13:00	Awards Provincial 3A, 3B, 4A, 4B, 5A, 5B and Provincial Group
13:00	13:15	Timed warmups for 3C,4C,5C and National Novice
13:15	14:45	3C,4C,5C Competition and National Novice
14:45	14:55	Timed warmups for Provincial 6A,6B,6C & National Junior
14:55	16:15	Provincial 6A,6B,6C Competition & National Junior
16:15	16:25	National Stream Groups
16:25	16:55	Awards Provincial 3C, 4C, 5C & 6

note - schedule is subject to change

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