



March 19, 2020

Dear KRSB Families,

As you are already aware, the KRSB Club has suspended all advanced training and recreational programming as of March 13. With the rapidly evolving COVID-19 situation, as well as the closure of all schools in Ontario, our programs will remain suspended until at least Sunday April 5. We will be unable to re-enter our training venues until schools have opened again and community bookings are permitted.

Our primary concern is the health and safety of our families and our community. We are looking into some options for online gymnastics-based activities that you can access to stay active, while still respecting the need to stay home and out of direct contact with others. More information will follow as it becomes available.

We will continue to monitor the situation closely, and keep you updated of any changes. Please be sure to follow our postings on Facebook, Twitter and Instagram, and to check our website for updates.

We thank you for your patience, understanding and support of this decision.

Please stay well and take care of yourselves.

Sincerely,

Lisa Miller, President  
KRSB Board of Directors

*Founded in 1975, the Kanata Rhythmic Gymnastics Club (KRSB) is a full-service, not-for-profit club providing quality rhythmic gymnastics classes and training to girls and young women in the Kanata-Stittsville areas. One of the largest rhythmic gymnastics clubs in Ontario, KRSB offers a range of Recreational classes for girls aged 4 and up, as well as an extensive Advanced Training program that includes Ontario Interclub, Provincial, National and International performance levels. Gymnasts in the Advanced Training stream also participate in provincial, national and international gymnaestrada events.*

*All KRSB coaches are female and are certified in the National Coaching Certification Program (NCCP). The club is highly respected as a host of large events and is a member in good standing of Gymnastics Ontario.*